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--[0020] The head rest apparatus 10 is mainly constituted by a C-shaped head rest frame 11 mounted to the respective brackets 4 via tilting shafts (not shown) so as to freely tilt in a longitudinal direction, a pressure receiving plate (a pressure receiving member) 12 fixed to a lower end portion of the head rest frame 11, and a cantilever (an urging member) 13 always urging the head rest frame 11 in a backward tilting direction. The head rest frame 11 is arranged in a state of being received in an inner portion of the upper frame 3 so as to direct both ends downward, and portions a suitable distance below the upper ends of the right and left portions extending in the vertical direction are mounted to the brackets 4 via the tilting shafts.--

IN THE CLAIMS:

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Please cancel claim 3 without prejudice to or disclaimer of the subject matter contained therein.

Please amend claim 1 as follows:

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1. A head rest apparatus comprising:
a head rest frame supported to a seat back frame of a seat back via a tilting shaft so as to freely tilt, and having an upper side of the tilting shaft, to which a head rest is attached;
a pressure receiving member provided in a lower side of the tilting shaft in the head rest frame and receiving a load applied from a front surface of the seat back to a backward portion:
an urging member engaging with the seat back frame and the head rest frame and always urging the head rest frame in a backward tilting direction; and

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a stopper member for restricting backward tilting of the head rest frame;
wherein the head rest frame tilts forward around the tilting shaft so as to
move the head rest forward when the pressure receiving member is exposed to the
load,

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the urging member urges the head rest frame in the backward tilting
direction from a rear portion so as to be thrust to the stopper member, and

a head rest holder for mounting the head rest thereto is provided at an
upper end of the head rest frame, the head rest frame is brought into contact with an
upper end of the seat back frame, whereby back tilting of the head rest frame is
restricted.

Please add new claim 5-6 as follows:

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--5. (Added) A head rest apparatus according to claim 2, wherein a
bracket is mounted to an upper end portion of the seat back frame, an upper end of the
cantilever is mounted to the bracket.

6. (Added) A head rest apparatus according to claim 6, wherein a
stopper is mounted to the bracket, the upper end of the cantilever is engaged with the
stopper so as to form a cantilever support structure.--

REMARKS

Claims 1-2 and 4-6 are pending in this application. By this Amendment, claim 3
is canceled, the specification and claim 1 are amended and new claims 5-6 are added.
No new matter is added.